

PROMIN



Summer is here!

July 2021

Welcome from the Managing Director

What's in the Newsletter

- Welcome from the Managing Director
- NEW Burger Mix Packaging available in Ireland
- NEW Promin Low Protein Products available in Ireland from 1 July 2021
- Promin Recipe

www.prominpku.ie

As our world opens up again it will be a priority of ours at Firstplay Dietary Foods to visit the metabolic dietitians, patient groups, our distributor and baking partner in Ireland as soon as it is practical.

PKU management in Ireland has always been of great importance and interest to us. Ireland is always on the agenda and considered separately in our product development meetings and we have missed the valuable input and feedback received via personal contact with our Irish friends.

We are pleased to announce that Ireland will be the first to market our new range of Promin products and I can confirm that our Product Development Department is busy with lots of new ideas and that there will be a continued supply of products for your enjoyment to come in the future. Many thanks for your support of our company.



NEW Promin Burger Mix Original and Lamb and Mint Packaging now

I would like to inform you that we are introducing minor changes to the packaging of Promin Low Protein Burger Mix Original and Lamb and Mint flavours.

OLD Product Packaging

Promin Low Protein Burger Mix Original and Lamb and Mint – 1 pack contained 2 sachets weighing 62g each

NEW Product Packaging

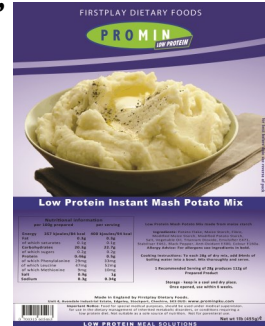
Promin Low Protein Burger Mix Original and Lamb and Mint – 1 box contains 4 sachets weighing 62g each **GMS Code 81072**



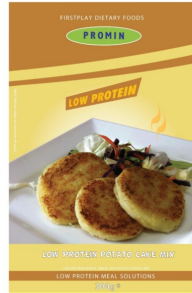
NEW Promin Low Protein products available in Ireland from 1 July 2021

We are happy to introduce NEW low protein products now available for our Irish customers through GMS:

- ◆ **Promin Low Protein Instant Mash Potato Mix 1 Pack — 445g, GMS Code 82706**



- ◆ **Promin Low Protein Potato Cake Mix 1 pack - 300g, GMS Code 82707**



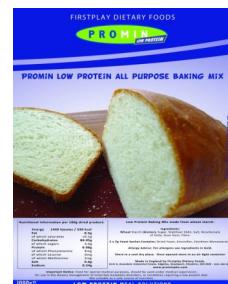
- ◆ **Promin Low Protein Premium Burger Mix with Beef Flavour 1 box - 4 sachets x 62g each, GMS Code 82703**

- ◆ **Promin Low Protein Burger Mix with Chicken Flavour 1 box - 4 sachets x 62g each, GMS Code 82704**



- ◆ **Promin Low Protein Burger Mix with Chilli Flavour 1 box - 4 sachets x 62g each, GMS Code 82705**

- ◆ **Promin Low Protein All Purpose Baking Mix 1000g (contains 2 sachets of yeast 7g each), GMS Code 82701**

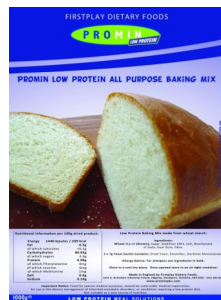


We hope you enjoy the new products and we look forward to your feedback!

Promin Low Protein Churros

What you need

- 1000g of Promin LP AP Baking mix
- 300g Margarine
- 25g Baking powder
- 200g Light soft brown sugar
- 2.5g Vanilla powder or 5-10 tsp vanilla liquid
- 500 ml Water
- Vegetable oil
- Cinnamon



What you do

Blend all the dry ingredients together, rub in the margarine to form a crumble. add water and mix to form a paste. heat vegetable oil to 190-200c. place batter into piping bag fitted with large star shaped tube. pipe batter directly into hot oil and cut off with scissors. (cut off about 4-6 inches) deep fry for 3-4 mins or until golden brown. Roll fried churros into cinnamon sugar and serve whilst hot.

Enjoy!

