



**Firstplay**  
Dietary Foods

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## LOW PROTEIN PRODUCT LIST



**LOW PROTEIN MEAL SOLUTIONS**

# PROMIN



Product	Pack Size	Pip Code	Quantity
<b>PASTA</b>			
SPIRALS	500g	290-7608	
SHELLS	500g	290-7616	
ALPHABETS	500g	287-5466	
MACARONI	500g	290-7624	
ELBOWS	500g	290-7590	
FLAT NOODLES	500g	356-1587	
SHORT CUT SPAGHETTI	500g	290-7632	
<b>TRI COLOUR PASTA</b>			
SPIRALS	500g	240-5140	
SHELLS	500g	240-5132	
ALPHABETS	500g	240-5157	
ELBOWS	500g	286-8487	
<b>SPECIALITY PASTA</b>			
IMITATION RICE	500g	240-5165	
COUSCOUS	500g	290-7640	
PASTAMEAL	500g	240-5181	
LASAGNE SHEETS	200g	290-7582	
<b>PASTA IN SAUCE</b>			
TOMATO, PEPPER & HERB	4 x 72g	290-7665	
CHEESE & BROCCOLI	4 x 66g	290-7657	
MOROCCAN	4 x 72g	327-9734	
<b>HOT BREAKFAST</b>			
ORIGINAL	6 x 56g	317-2509	
APPLE & CINNAMON	6 x 57g	317-2525	
CHOCOLATE	6 x 57g	317-2533	
BANANA	6 x 57g	322-4854	
<b>BURGER MIX</b>			
ORIGINAL	4 x 62g	322-4862	
LAMB & MINT	4 x 62g	341-4927	
<b>SAUSAGE MIX</b>			
ORIGINAL	4 x 30g	341-4984	
APPLE & SAGE	4 x 30g	341-4968	
TOMATO & BASIL	4 x 30g	341-4950	
<b>RICE PUDDING</b>			
ORIGINAL	4 x 69g	324-6873	
APPLE	4 x 69g	326-3910	
BANANA	4 x 69g	326-3902	
STRAWBERRY	4 x 69g	326-3928	
<b>DESSERTS</b>			
CHOCOLATE & BANANA	6 x 36.5g	327-9767	
STRAWBERRY & VANILLA	6 x 36.5g	327-9759	
CUSTARD	6 x 36.5g	341-5031	
CARAMEL	6 x 36.5g	341-5049	
<b>SNAX - MIXED</b> <small>CHEESE &amp; ONION, SALT &amp; VINEGAR, JALAPENO &amp; READY SALTED</small>	12 x 25g	356-1586	
CHEESE & ONION	12 x 25g	402-4188	
SALT & VINEGAR	12 x 25g	402-4162	
JALAPENO	12 x 25g	402-4170	
READY SALTED	12 x 25g	402-4444	
<b>BREAKFAST BARS</b>			
CHOCOLATE & CRANBERRY	6 x 40g	386-0855	
CRANBERRY	6 x 40g	386-0822	
APPLE & CINNAMON	6 x 40g	386-0830	
BANANA	6 x 40g	386-0814	

Product	Pack Size	Pip Code	Quantity
<b>XPOTS</b>			
ALL DAY SCRAMBLE	4 x 60g	369-3116	
BEEF & TOMATO	4 x 60g	369-3108	
ROGAN STYLE CURRY	4 x 60g	369-3074	
CHIP SHOP CURRY	4 x 60g	369-3082	
<b>MACPOTS</b>			
MACARONI CHEESE	4 x 61g	377-9865	
TOMATO MACARONI	4 x 61g	377-9873	
<b>POTATO POTS</b>			
CABBAGE, BACON & CROUTONS	4 x 50g	378-2026	
ONION & CROUTONS	4 x 50g	378-2000	
SAUSAGE & CROUTONS	4 x 50g	378-2018	
<b>SOUPS</b>			
CREAMY TOMATO SOUP & CROUTONS	4 x 23g	384-5294	
CREAMY CHICKEN SOUP & CROUTONS	4 x 28g	383-7465	
MINISTRONE SOUP & CROUTONS	4 x 28g	383-7481	
PEA & MINT SOUP & CROUTONS	4 x 23g	383-7473	
<b>CAKE MIX</b>			
CAKE MIX CLASSIC	500g	422-0612	
CAKE MIX CHOCOLATE	500g	422-0679	
<b>MIX</b>			
CHEESE SAUCE MIX	225g	383-7457	
ALL PURPOSE BAKING MIX	2 x 500g	410-7611	
POTATO CAKE MIX	300g	395-0292	
SCRAMBLED EGG & OMELETTE MIX	500g	422-6148	
SWEET PANCAKE MIX	300g	423-1965	
<b>BREAD</b>			
FARMHOUSE LOAF (3 MONTH LONG LIFE)	400g	422-6015	
FRESH BAKED WHITE SLICED BREAD	4 x 800g	394-3941	
FRESH BAKED BROWN SLICED BREAD	4 x 400g	408-5528	
FRESH BAKED BREAD BUNS	6 x 75g	405-6537	
BREADCRUMBS	300g	417-3654	
FRUIT LOAF	2 x 400g	423-2575	
<b>CEREAL</b>			
CEREAL CHOCOLATE FLAVOUR	340g	422-0745	
CEREAL BANANA FLAVOUR	340g	422-0752	
<b>TARANIS</b>			
LEMON CAKE	6 x 40g	341-5064	
APRICOT CAKE	6 x 40g	357-9471	
PEAR CAKE	6 x 40g	357-9448	
CHOCOLATE & HAZELNUT SPREAD	230g	387-0225	
CHOCOLATE CHIP COOKIES	135g	401-5772	
CHOCOLATE CHIP BISCUITS	120g	401-5764	
RASPBERRY SHORTBREAD BISCUITS	120g	401-5756	
BISCUITS WITH CARAMEL SHARDS	120g	422-7070	
SHORTBREAD BISCUITS	120g	401-5749	
DALIA LIQUID (MILK SUBSTITUTE)	24 x 200ml	401-5780	
DALIA POWDER (MILK SUBSTITUTE)	400g	403-4971	
CARAMEL DESSERT	4 x 125g	401-7687	
STRAWBERRY DESSERT	4 x 125g	401-7679	
FISH SUBSTITUTE	4 x 69g	401-7695	
MIX FOR PANCAKES AND WAFFLES	300g	401-5085	
NATURAL CAKE MIX	300g	403-4963	
RISOTTO SUBSTITUTE	4 x 300g	403-1965	
<b>METAX</b>			
YOGUMAXX (YOGHURT SUBSTITUTE)	400g	407-4159	